

PETS Program

MyCIL's Pre-Employment and Transitional Skills (PETS) Program delivers independent living services focused on employment to young adults with disabilities. While the program is in a group format, we customize it to meet the unique needs of your student.

Give Your Student the Best Start to Independent Living

MyCIL's PETS Program helps students with a variety of ability levels develop key skills for obtaining and maintaining competitive, integrated employment.

From pre-vocational training to soft skills such as interpersonal communication and time management, your student gains the confidence they need to live their best, independent life.

Skills

Through PETS, your student gains key independent living and employment skills:

- Self-Awareness
- Self-Advocacy
- Asking for Help
- Support Systems
- Self-Care
- Health and Wellness
- Problem Solving
- Environmental Skills
- Social Skills
- Social Relationships and Communication
- Interests and Opportunities
- Organizational Skills
- Banking and Budgeting
- Transportation
- Earning a Living



We can be **independent** when we do it **together**.

Learning Modules

We offer PETS during the academic school year. Each school district selects the modules for their PETS program, which include:

- 1. Social Interaction
- 2. Dealing with Emotions
- 3. Problem Solving
- 4. Self-Advocacy
- 5. Building and Maintaining Friendships
- 6. Teamwork
- 7. Self-Care



Contact Us Today to Learn More

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